

## PHONE NUMBERS

Junior Lifeguards 893 7616  
Aquatics Office 893 7616  
"in the field" phone 451 0431  
Rec Cen Guard Office 893 7213  
fax number 893 7054  
Emergencies 911  
Aquatics Coordinator:  
Debbie Miles-Dutton 893 7616  
JG Coordinator:  
Rob Gibson 893 7616

## NOTICE OF NONDISCRIMINATION

Students are admitted and scholarships granted without regard to race, religion, gender, national origin or ethnic background.

## A.D.A. COMPLIANCE

Please notify us thirty days prior to the start of the program if you need special accommodations in compliance with the **Americans with Disabilities Act.**

## ATTENDANCE

Attendance is taken several times each day. Please notify us if your child will be absent, will be late or will be picked up early.

## PARTICIPATION

Students are encouraged and expected to participate in all program activities. However, no child will be forced to participate in any event.

## STUDENT CONDUCT

1. Treat others with respect and courtesy.
2. Ask the instructor's permission & take a buddy when leaving direct supervision.
3. Inform an instructor promptly regarding injuries.
4. Keep personal items with your group.
5. Inform staff about absences.
6. Wear SPF 15+ sunscreen and reapply frequently. Wear a hat.
7. Bring any concerns to our attention promptly.

## PROGRESSIVE DISCIPLINE STEPS

1. **COUNSELLING:** When a discipline incident occurs, the student will be counseled and given a description of the behavior change required.
2. **TIME OUT:** If subsequent incidents occur the student may be asked to take a "Time Out" or a "Lap". A "Time Out" is a 5 to 10 minute period that the student spends quietly reflecting on the incident. A "LAP" is a supervised swim or run of reasonable distance. The child then rejoins the group.
3. **PARENT CONTACT:** If a series of discipline situations occur, the child's parent or guardian will be contacted.
4. **SUSPENSION:** a student who continually disregards instructions will be suspended for 1 day. The parent / guardian will be advised.

**5. TERMINATION:** If the child's behavior remains unacceptable then the parent or guardian will be informed and the child will be dropped from the program.

Discipline related absences are not eligible for refunds.

**Major first time incidents** may progress the student directly to step 4 or 5. Examples of such incidents include fighting, vandalism, ditching and insubordination.

A Level 4 or 5 discipline response, a rare event, shall involve the Aquatic Coordinator.

## SCHOLARSHIPS

Please contact the Santa Barbara Police Activities League (962 5560) or call us at 893-7616 x3 for more information.

The Santa Barbara Foundation and the Orfalea Foundation help us to fund scholarships for deserving children who could not otherwise participate.

Tax exempt contributions assist us in providing scholarships. Our Federal 501 (c) 3 non-profit ID number is 95- 6006-145.

## REFUNDS

**Session:** If you cancel prior to the beginning of the Session you will receive a full tuition refund less a \$50 administration fee. Refunds will not be granted after the Session has begun.

**Uniform** sales are final.

**Boat & Raging Waters Trip** fees involve prepaid reservations and are therefore not refundable.

## Assistants & Captains

Please see "Assistant & Captain Tryout" posted to "Downloads" at our website.

## TRANSPORTATION

It is the sole responsibility of each parent or guardian to insure safe travel for their child to and from the Junior Lifeguard Program at its various venues. UC REGENTS and the Junior Lifeguard Program are not responsible for students outside of scheduled program hours and activities. The Program does not certify parent carpools.

## PROGRAM GOALS

The primary goal of the UC Santa Barbara Junior Lifeguard Program is to provide quality water safety education. To this end, the program introduces young people to marine & aquatic recreational opportunities and provides the opportunity to acquire skills necessary to take advantage of these opportunities. Additional goals include building self esteem, respect for others and respect for our natural environment. Self esteem is increased by setting and attaining goals and by recognition. Respect for others is increased by constant contact with compassionate instructors and by working with other youths in a team building environment.

## TRYOUT WAIVER

Parents of **RETURNING** students may **wave** the tryout swim by initialing this option on the student Application.

## COMPETITIONS

**Our purpose is to promote teamwork, good sportsmanship and HAVING FUN. We like to win but this is NOT our priority.**

## UNIFORMS

Uniforms are available at tryouts. Navy swim suits and trunks are available at Goleta Sports Center across from Trader Joe's, and at Sundance Beach near Home Depot. Price discounts may be available with your Jr. Lifeguard enrollment receipt.

**Clearly mark all personal property with indelible ink!**

**BOYS:** Navy trunks, white t-shirt, uniform shirt, sweatshirt, rashguard.

**GIRLS:** Navy swimsuit & white t-shirt, uniform shirt, sweatshirt, rashguard

**Optional for BOYS and GIRLS:**

Swim fins  
wetsuits  
Hat, visor or cap

**Optional GIRLS:**

navy blue trunks over swim suit  
two piece navy swim suit

**ASSISTANTS:** black swim trunks and as above. Sweatshirts, t-shirts and rashguards are provided for free.

**INSTRUCTORS:** red lifeguard swim trunks or suit; red Lifeguard jacket; binoculars; watch; UCSB Junior Guard Instructor uniform items.

2008

1/07/08

## PARENT HANDBOOK



**Address:**

**UCSB Jr Guards  
c/o UCSB Rec Cen  
2102 Rec Center  
Santa Barbara, Ca.  
93106-3025**

**Phone:**

**(805) 893 - 7616**

**Website:**

**<http://www.UCSBJGS.ORG>**

**UCSB Jr. Lifeguard  
documents are available here**

**Email:**

**[Dolfin@essr.ucsb.edu](mailto:Dolfin@essr.ucsb.edu)**