

UCSB JR. LIFEGUARDS

WEEK 6 (Week 2 of Session 2) Monday, July 30, 2007

PHOTO: JGs pose on picture Day.
WEEK 5 inaugurated Session 2 of UCSB Jr. Lifeguards. We began the week with swim stroke technique lessons and also pier jump preparation by practicing jumping techniques from the UCSB Rec Center High Diving boards.

New students were taught about equipment use, learned first aid skills for bleeding injuries and for burns. They also learned about waves and tide book use and interpretation.

On Friday we participated in the Fiesta Competition. There were at least 10 teams at the Comp, including Junior Guards from LA County and Newport Beach! We took a lot of photos and a some videos too.

UCSB JGs tried hard and did well. The food table was well stocked throughout the day. We wish to thank once again all the parents who helped out in so many ways. You make a huge difference!



UPCOMING EVENTS:

PLEASE NOTE that on FRIDAY AUGUST 3rd we will be at GOLETA BEACH for both DROP-OFF (8:30) and PICK-UP (1:30). Also note that KAYAK DAY is August 1st.

WEEK 6	Mon	Ocean Rescue skills review
July 30th	Tues	REEF Tour
to Aug 3	Wed	Kayak Day
	Thur	CPR (Adult) & AED w/County Safety Officer Bill Falzone
	Fri	Goleta Beach: CPR & AED w/County safety Officer Bill Falzone ; (C's) & Beach Cleanup With County Parks Lifeguards and staff

PLEASE NOTE that on WEDNESDAY AUGUST 8th we will be at GOLETA BEACH for JET SKI RESCUE DEMONSTRATIONS and PIER JUMPS with COUNTY FIRE STATIONS 11 and 17 and SANTA BARBARA COUNTY LIFEGUARDS.

ALSO NOTE that on FRIDAY AUGUST 10th we expect to be at VENTURA STATE BEACH For our final competition of the year.

WEEK 7	Mon	Sandwich Day
August	Tues	First Aid: Shock & Sudden Illness
6th to 10th	Wed	Goleta Beach: Jet Ski rescues & Pier Jump With County Fire Stations 11 & 17
	Thur	Open Day
	Fri	Ventura State Beach: Ventura Competition

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